Haiti Checklist

Trip Dates: **Team 1** December 26, 2019-December 31, 2019 **Team 2** December 31 – January 5, 2020

Toilet Paper – (Optional)
Insect repellent: We suggest Mosquito repellent bracelets (If you can not find locally go to Amazon 10 pack \$9.95) and insect repellent. Pat does insect spray AND bracelets and has not had a mosquito bite while in Haiti since 2015.
Play and just hang out clothes.
Clothes for painting/construction for 3 days. Shorts, etc. No inappropriate shorts, no halter tops, no clothing with inappropriate writing or graphics. It is hot. We will paint/do construction 3 days so I promise your clothes will get some paint.
\$30pp cash to cover airport arrival or departure fees. 2019 it was \$10pp but this is always subject to change so better to be prepared.
Spending money. You will not need money in Haiti unless you buy a souvenir on the beach. You may choose to have cash in case you want to purchase a beverage at the Haiti airport or a credit card to be used in the Atlanta airport. We recommend no bills larger than \$20's.
Day of departure have \$75pp CASH placed in an envelope and give to Pat Fuller. This is \$15 per person, per day (5) to cover stay at the guest house, transportation, water, gas for cooking, misc.
December 1 or before. A suggestion would be that when you go for your annual physical ask your family physician to write your prescription for Malaria medicine. <i>Chloroquine, Doxycycline, or Atovaquone.</i> The prescription will be based on body weight. Some meds are 1 pill weekly starting 2 weeks before departure and continues for 6 weeks. Some are daily for 2 weeks, etc. DO NOT DELAY. Some years there has been a shortage. For those who have never been to a 3 rd world country this could sound frightening. Gary and Pat have been going to Haiti since 1996 and we play safe. The best plan is to NOT get a misquote bite but taking Malaria meds does not keep one from getting Malaria but it does make Malaria treatable in the unlikely event you were bitten with a misquote that is a carrier. Everyone does not take. It is a personal choice.
November 30 or before. Immunization/Boosters completed. Check with your local health department on suggested immunizations for travel to Haiti. In Cleveland, Pat calls Amy Ownby at Medical Center Pharmacy (423) 476-5548 for an appointment. Most children in school have what they need but it is important to verify.
October 1 or before. Final payment for airfare. Make checks to BSUMC PO Box 3, Cleveland, TN 37364. Memo Line: Haiti air. Total \$759.33 + \$10 for T-Shirt = \$769.33. Minus your \$200 deposit = \$569.33 balance due.
August 1. Valid Passport. Make a photo and text Pat your VALID passport (423) 240-4198. Passports MUST have a minimum of 6 months prior to expiring from departure date.
May 31 - make a commitment with a \$200pp deposit towards \$759.33 airfare. Make check payable to BSUMC, P.O. Box 3, Cleveland, TN 37364. On memo line: Haiti air. Email reservation form to Pat Fuller pgfuller@aol.com.
May 5 - noon @ Broad Street UMC Lunch and learn about past and future family trips to Haiti. Make lunch reservations at www.bsumc.org/haiti-luncheon-2019

	Towels (Optional) & Washcloths. There are no washcloths,
	Bath soap (optional) personal hygiene items, etc.
	Personal water cup to use when brushing teeth. Never use water from faucet to brush teeth.
	Shower shoes
	Hand sanitizer
	Small Flashlight or flashlight on phone
	Sheets for twin beds (Optional)
	Small pillow (Optional)
	Sunscreen
	Work shoes/tennis shoes, etc. Sandals are not recommended for work.
	Clothes for church. Men: shirt and pants/shorts. Girls: something other than pants or shorts.
	Team shirt. Wear going AND coming. It helps with customs.
	Cap/hat/sun visor
	Sunglasses
	Ear plugs if you are a light sleeper. (Optional)
	Camera, hair dryer, curling iron if needed. (110 volts) There is always a possibility that we will have limited electricity but we will plan to have electricity throughout the night even if we need to use the generator based on health needs.
	Cell phone and charger. 110 volts. An international service would need to be added through your provider. In case of emergency family may contact one of the names provided.
	Swim Suit, towel, water shoes. Water Shoes are a must as the beach because it is rocky.
Pat	Jump Rope – 2 – 20' ropes. Pat will take.
	First Aid Kit (to be assigned to a team member)
Pat	Luggage tags
Pat	Mosquito coils to burn. Small aluminum pie pan and matches.
Pat	Paper plates large and small (to be assigned to a team member)
	Dish washing detergent (in zip lock bag), 4 dish drying towels, and dish sponges. (to be assigned to a team member)
	20 - 13 gallon garbage bags, 2 rolls of paper towels. (to be assigned to a team member)
	Pack of 300 napkins (to be assigned to a team member)
	150 paper bowls to be used for soup, oatmeal, etc. (to be assigned to a team member)
	Small garbage bags restrooms. Box of disposable gloves. (to be assigned to a team member)

Aluminum foil and aluminum pans (to be assigned to a team member)
Instant coffee or coffee/tea bags/coco – Cream – sugar, etc. When we have electricity a pot of coffee can be made A large pot of boiled water will be available each morning for hot beverages, oatmeal, etc.
3 hand soap dispensers (to be assigned to a team member)
1 roll of paper towels (to be assigned to a team member)
Water bottle. Purified water will be in our guest house in large containers. <i>Put your name on your bottle with a permanent marker.</i>
Individual flavored packs for water such as crystal lite, gatorade. (Optional)
Food of your choice for Breakfast, Lunch, and snacks. Items must be in sealed containers. No refrigerator items. Take small packs of mayo, mustard, jelly, honey, etc. If you estimate what you need you car ask a fast food place and they will gladly provide. Once you have opened either finish or throw away.
Dinner meal for people that you are assigned.
Flight departures December 26 AND December 31 Delta DL 685 Departs Atlanta at 11:40A Arrives Port Au Prince 2:45P
Flight returns December 31 AND January 5 Delta DL684 Departs Port Au Prince 3:45 P Arrives Atlanta 7:12P

Optional means.....items are there but you may choose to take and leave OR it might be an item that you may personally choose.